Restraints: Provider Documentation

Overview
As per policy TX.10, Provider documentation note must contain a comprehensive assessment including findings that may be causing behavioral changes in the patient, which lead to restraint application.

Types of Restraint Ordersets (continued)

5. Click Done.
6. Click Orders for Signature.
7. Pop-up will display.

Non-Violent/Non-Self Destructive Order

8. Restraint Face to Face Assessment:
   - PowerForm displays when entering the Restraint Initiate and Restraint Continue Orders for the Restraint Non-Violent/Non-Self Destructive Ordersets and Restraint Violent/Self Destructive (Age Appropriate) Ordersets.
   - When PowerForm opens, the first field is titled, “Are you a nonprovider?” You will need to click “No.”
   - When “No” is selected, Restraint Findings and Restraint Face to Face Assessment fields will open and be required to document in.

   • Restraint Findings field is to document precipitating clinical conditions that could contribute to the change in the patient’s behavior, which lead to restraint application.
   • Restraint Face to Face Assessment field is to document the Provider’s assessment (physical/behavioral) of the patient.

   NOTE: If Provider has selected inappropriate restraint orderset and needs to order the appropriate restraint orderset, please click on the cancel icon and remove orderset.

9. Sign PowerForm - click green checkmark icon.

Instructions:
1. Click the Orders component from the menu.
2. Click the Add button.
   • The Add Order Window displays.
3. From the Orders window, double-click the Restraint Folder to open it.
4. Select appropriate orderset.

   • Restraint Non-Violent/Non-Self Destructive Ordersets should be utilized for patients who are interfering with their medical devices.
   • Restraint Violent/Self Destructive Ordersets should be utilized for patients who are considered as a harm towards self and/or others.

The appropriate Restraint Orderset to be placed upon receiving the order for initiation of restraints is:

Non-Violent/Non-Self Destructive Restraint
   • Restraint Initiation Non-Violent/Non-Self Destructive

Violent/Self Destructive Restraint (Age Appropriate)
   • Restraint Initiation Violent/Self Destructive 18 years and Older
   • Restraint Initiation Violent/Self Destructive 9 - 17 years
   • Restraint Initiation Violent/Self Destructive Under 9 years of age

4. Select appropriate orderset.

   • Restraint Continue Non-Violent/Non-Self Destructive
   • Restraint Continue Violent/ Self Destructive 18 years and Older
   • Restraint Initiate Violent/ Self Destructive 9-17 years
   • Restraint Initiate Non-Violent/ Non-Self Destructive

For assistance, please contact the Technology Assistance Center (TAC) at 859-7777

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9. **Verbal or Telephone Orders:**
   - When staff is entering Restraint Orders for Orders on Provider’s behalf, staff will need to address PowerForm on the Provider’s behalf and they will select “Yes” for the “Are you a nonprovider?” field.
   - The Provider can go to Clinical Folder or Form Browser and modify documentation, then sign PowerForm.
   - Provider can go to the AdHoc icon in the toolbar and select Restraint Face to Face Assessment PowerForm in the Regulatory folder.

10. **Supervising Physician**
    - For Fellows, Residents, NPs and PAs, Supervising Physician field will display in the Restraint Initiate and Restraint Continue order(s) and is required.
    - In addition, this will be required for RN entering Telephone Order on behalf of Fellows, Residents, NPs and PAs. These Providers will need to instruct RN the Attending Physician’s name that needs to be entered in the Supervising Physician field.

11. Select appropriate reason for Restraint orders.

### Reason for Restraint Non-Violent/Non-Self Destructive

```
[Reason for Restraint Non-Violent/Non-Self Destructive]

Reason: [Reason selected]
```

### Reason for Restraint Violent/Self Destructive

```
[Reason for Restraint Violent/Self Destructive]

Reason: [Reason selected]
```

12. **Select Restraint Type.**

#### Non-Violent/Non-Self Destructive Restraint Type

```
*Restraint Type:

- Ankle
- Enclosed Bed
- Immobilizer
- Non-released belt
- Side rails for restraint
- Vest
- Wrist
```

#### Violent/Self Destructive Restraint Type

```
*Restraint Type (Select One):

- 4 Point Restraint - Violent/Self Destructive
- 5 Point Restraint - ED Only
- Ankle
- Chemical - Violent/Self Destructive Only
- Enclosed Bed
- Immobilizer
- Non-released belt
- Physical Hold
- Seclusion - ED Only
- Side rails for restraint
- Vest
- Wrist
```

**NOTE:**
- If Provider wants to order more than one (1) restraint type, hold CTRL key on the keyboard while left-clicking the Restraint Type selections.
- For Non-Violent/Non-Self Destructive orders: Provider cannot select Ankle and wrist together.

13. Click Sign, then Refresh screen.

- Restraint Initiate/Continue Orderset(s) and Restraint Careplan displays in the view pane under Medical.
Restraints: Provider Documentation

**Follow ordering process as outlined at the beginning of the QRC**

The order durations for the Restraint Orders are as follows:

**Restraint Non-Violent/Non-Self Destructive**
- Daily

**Restraint Violent/Self Destructive**
- 18 Years and Older: 4 hours
- 9 - 17 Years: 2 hours
- Under 9 Years of Age: 1 hour

If the patient’s condition continues to require restraint application beyond the ordered duration, Provider will use the following Ordersets for the appropriate clinical scenario:

- Restraint Continue Non-Violent/Non-Self Destructive
- Restraint Continue Violent/ Self Destructive 18 years and Older
- Restraint Continue Violent/ Self Destructive 9-17 years
- Restraint Continue Violent/ Self Destructive Under 9 years of Age

NOTE:
- Clicking OK removes the reminder from Message Center; it will not renew the restraint order.
- If the Restraint Continue Non-Violent/Non-Self Destructive Orderset is not placed on a daily basis, the reminder order will automatically discontinue in 18 hours and drop out of the Message Center.

**Restraint Message Center Reminder Renew Non-Violent/Non-Self Destructive**

Restraints must be re-ordered daily.
- Message Center serves ONLY as a reminder to place Restraint Continue ordersets for Non-Violent/Non-Self Destructive Ordersets.

![Restraint Message Center Reminder](image)